



Natalya Petrovna Tolokonskaya –

Doctor of medicine, professor, fellow of Russian Academy of Natural Sciences,
Honoured Doctor of the Russian Federation

“Institute of a Man” Regional Public Organization

Academic adviser of the “Institute of General Practice of Medicine” Private Educational Institution

Professor of Krasnoyarsk State Medical University and Siberian State Medical University (Tomsk)

Academic adviser of the “Aurora” Center of Integrative Medicine, Siberian Research Clinical Centre under FMBA of Russia

Certified coach in accordance with the ICF standards



Who am I? What am I a master of?

- A **scientist**, possessing scientific knowledge of health basis and strength of self-healing of a Man
- A **doctor**, having a skill and unique experience in returning hope and good health to a Man
- A **pedagog**, arousing consciousness and inspiring to the search of own path of a Man, to think and act anew
- A **coach**, mastering a unique technology of selfless devotion in discovery of personal effectiveness of a Man
- A **chief**, inspiring, uniting and leading other masters in coordinated solution of the tasks of life of a Man

My life journey

Education

- School N22, Novosibirsk, 1960-1970, Gold medal;
- Novosibirsk State Medical Institute, General Medicine, 1970 - 1977, Honours degree;
- Clinical residency, Novosibirsk State Medical Institute, infectious diseases, 1978 -1980.

My experience; employment history

- Novosibirsk State Medical University, 1977-2012 (inc. 1997-2012 - Head of department of infectious diseases);
- Institute of Regional Pathology and Pathomorphology, Head of department, 2002-2012;
- “Institute of General Practice of Medicine” Private Educational Institution, Academic adviser, since 2012;
- Siberian State Medical University (Tomsk), Professor, since 2012;
- Krasnoyarsk State Medical University, Professor, since 2014;
- Academic adviser of the “Aurora” Center of Integrative Medicine, Siberian Research Clinical Centre under FMBA of Russia, since March 15, 2016.



My achievements

- The authors system of practice of medicine: prevention and healing of chronic diseases of a Man
- Invention patents (N2158604 as of November 10, 2000 “Method of treatment of Hepatitis C”, N2238729 as of June 16, 2003 “Method of treatment of opisthorchiasis”)
- Grand prize at the International Reckeweg Award (October 29, 2005, Baden-Baden, Germany) Research paper “Response of an organism and effectiveness of antihomotoxic therapy of opisthorchiasis”
- Scientific papers (over 250)
- Trained candidates (18) and doctors (2) of medical sciences
- A new coaching profession, Certificate of International Erickson University (Vancouver, Canada), N20182843C, June 3, 2012
- “Knight of humane pedagogics” title of the International center of human pedagogics named after academician Sh.A. Amonashvili, March 23, 2014 (Tbilisi, Georgia)

**From medical science and practice of medicine to the unique technology of selfless devotion in the matter of health of a Man!
What am I moved by?**

- Strong personal intention to live healthy and beautiful!
- Love and faith in a Man, and therefore, in yourself!
- Desire and skill to deal with the reason in solution of tasks of a Man, to work for a long-term result, measure success by joy!

What is especially valuable to me and what makes a Man trust me?

- Ability to render true assistance
- A habit of living in joy
- To conform to what I preach myself

**The basis of my work.
School, Teachers**

- Canons and traditions of classical medicine
- Science of humanology by academician V.P. Kaznacheev
- German school of homotoxicology of H.-H. Reckeweg - a progressive direction of the world medicine
- Chinese art of Qigong: self-knowing, development
- Pedagogical school of academician Sh.A. Amonashvili

The main result - the “Logistics of health of a Man, a Family, Business” school by Natalya Tolokonskaya

- We awaken awareness of a Man as personality
- We open new horizons of life
- We expand opportunities of self-realization of a Man

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